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# OAST NEWSLETTER

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## *AST Mission Statement:*

*"To enhance the profession to ensure quality patient care"*

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## **MEET THE NEW BOARD**

**President-** Michael D. Hearn, CST  
[mikeannahh@att.net](mailto:mikeannahh@att.net)

**Vice President-** Tara E. Bartlett, CST  
[tara.oast@gmail.com](mailto:tara.oast@gmail.com)

**Treasurer-** Victoria Q. Fleming, CST  
[chocolatetori@yahoo.com](mailto:chocolatetori@yahoo.com)

**Secretary-** Melissa R. Garinger, CST  
[mgaringeroast@gmail.com](mailto:mgaringeroast@gmail.com)

**Board Director-** Andreea L. Ciudin, CST  
[a.ciudin@yahoo.com](mailto:a.ciudin@yahoo.com)

**Board Director-** Donald D. Dreese, CST  
[velocipid@msn.com](mailto:velocipid@msn.com)

**Board Director-** Lori K. Haugen, CST  
[lorikhaugen@msn.com](mailto:lorikhaugen@msn.com)

**Board Director-** Terryle O.L. McNulty Jr,  
CST  
[tnamcnulty@comcast.net](mailto:tnamcnulty@comcast.net)

**Board Director-** Rebecca L. Scott, CST  
[rebeccabackie@yahoo.com](mailto:rebeccabackie@yahoo.com)

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## GREETINGS FROM THE BOARD

It's hard to believe, but fall is quickly approaching. We have an exciting fall conference prepared for you. The fall conference will be at Shriners Hospital on Oct 19th. We have some excellent speakers scheduled; we will also be focusing on the bill for mandatory certification (CST) and the GAPA committee participation needed to achieve this. If you have been following the news at the AST level, several other States have recently managed to get their version of this bill passed within their State. The board and GAPA committee members are asking for your help this year. This could be the year that our bill gets approved. We have many door prizes to be awarded throughout the conference; there also will be a raffle for a five-night stay at Pine Resort in Sun River. The fall conference is a worth a total of eight CEU's, come and meet the CST's you don't know from your Hospital, It's a chance to network and hear how the (other members) do things at their facility. Again, welcome from your OAST board members, we hope to see you at the fall conference.

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# New Orleans Highlights and Updates

By: Victoria Fleming

I had an awesome experience being at the National Conference in New Orleans. I was able to meet many people from different states. I was proud to be one of 1554 people to attend this year. I was able to hear a doctor's perspective on how crucial the surgical technologist is to the operating room and what it takes to be an effective surgical team. I learned through the Leadership Forum more on how to be a better Treasurer, the responsibilities and actions of a delegate, and ways to increase membership and student involvement. Ultimately, it was great being able to hang out with new people and meet the new 2013 President, Vice President, Treasurer, and the three newly appointed Board members. The best thing I heard came from a doctor's mouth.



Dr. Raju Thomas MD, MHA, FACS spoke at the conference about why he thinks surgical technologists are important. He and I believe surgical technologists are the key component in the operating room. Dr. Thomas wants the technologist to feel empowered to say anything that will help the case or keep the patient safe. In order to feel empowered and keep patients safe a scrub has to keep up with new policies and procedures. He believes a good surgical tech has the following:

- Respect for self and others.
- Well trained with a credentialed background.
- Have dexterity.
- Attention to detail.
- Able to focus and problem solve.
- Respect for team concept.
- Caring personality with a sense of humor.

I feel that every surgical technologist has the ability to be the best they can be. There are some techs that go above and beyond. If you are one of those scrubs, then you might be interested in the Leadership Forum offered at every national conference.

The Leadership Forum was a day of learning about the responsibilities of all the state board members, the responsibilities of being a delegate, and ways that other states recruit members and student involvement. I want the Oregon Association of Surgical Technologist to spend more time getting to know their members. I feel we should help any member become more involved and help people with any questions they might have about the organization. AST has set rules that they want the delegates to follow. OAST will be coming up with a set of rules and responsibilities that the committee will expect every delegate to follow. Finally, I hope our students feel that they can come and talk to any of the OAST board members about anything. We support and respect our student members. There were so many things that I learned and other things that were interesting at the conference.

I think the most exciting thing that happened with the elections for the AST positions was the voting for a President out of three applicants. The three candidates running for Presidency were Jeff Fezz, Margaret Rodriguez, and Roy Zacharias. Voting at the conference was interesting but having to revote was entertaining and thrilling.

It was inspiring to be able to be a part of history and elect a new AST Board. The new nominees that were voted in this year are: for President was Roy Zacharias, Vice President was Kathleen Demitras, Treasurer Holly Falcon, and Board of Directors Heather, Mollye, and JoLane. If you are interested in learning more about the new elected affiliates please visit the AST website.

Overall, I just want to encourage everyone to go to at least one national conference during their career time. It's a great way to make long distance relationships that will grow stronger with every conference you attend. There are scholarships out there for first time conference attendees that have been a member of AST for one year and student scholarships. If anyone wants to know how to find the information or needs help applying for these scholarships feel free to contact me, Victoria Fleming OAST Treasurer. I would love to help anyone go to nationals. My information can be found on the OAST website or AST website.



# FUN IN NEW ORLEANS



- + 1.) Delegates, listed left to right  
Michelle Libra, Melissa Garinger, Don  
Dreese, Christy Wilson, Victoria Fleming (not  
pictured) Douglas Hughes
- 2.) Historic tomb in New Orleans
- 3.) Opening Ceremony, Don Dreese and  
Melissa Garinger dressed up for the  
festivities.
- 4.) Famous New Orleans street car
- 5.) Christy Wilson dancing the night away at  
opening ceremony.



# LEGACY MERIDIAN MEDICAL CENTER YES PROGRAM WINNER

My name is Sonia Lopez and I am currently an employee at Legacy Meridian Park Medical Center as a YES Student Intern. This is a program that was established in 1999 to the Legacy Community Health as the Youth Employment in Summer (YES). Legacy Yes program helps increase healthcare



workforce for diversity people because this program gives employment and college

scholarship for graduating high school Latino, African American, and Native American students.

This is my fourth summer being able to work in this position and get the experience I need to further my education. I started the YES

internship when I graduated from high school in 2010 and have been able to come back ever since to get the support to finish my education as a Surgical Technologist.

My first year as a Yes interned I worked in the orthopedic, medical and surgical department helping the nurse's aide. At that time, I was

interested in seeking my nursing degree, so the opportunity to see first-hand what the nursing staff did on a daily basis was very informative. Also, I was able to work at a Legacy Health Clinic. Most of this work was assisting the receptionist.

During my second year I had opportunities to do some patient care. I worked in IMCU/ICU where I assisted the RNs and CNAs. At the clinic, besides helping at the front desk, I was trained to set up the rooms for the patients. I also was given the chance to job shadow RN's from other

departments; Operating Room, Imaging, Sleep Lab and the IV Therapy. These opportunities allowed me to see what a nurse's job is really like. I actually changed the direction of my career path, from bedside nursing and became more interested in working in the surgery department, not as a RN but a

## JACKIE MORFITT SCHOLARSHIP WINNERS

This year the scholarship was awarded to three winners.



Lora Haugen presenting a \$200 scholarship to Nadjé Knighte that attends Mt. Hood Community College

Not Pictured:

Cynthia Applebaum  
attends MHCC  
Teresa Vega Garduno  
attends Concorde

For 2014 Jackie Morfitt applications go to OAST facebook or <http://oregon.ast.org>  
Deadline for application is **January 6<sup>th</sup> 2014**

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# REPORTS

## TREASURER REPORT:

As of July 13 2013:

OAST Savings Balance Account	\$5.00 minimum balance to maintain account
OAST PayPal Account	\$566.84
OAST Money Market Account	\$14,393.80
OAST Business Checking	\$1,150.09
OAST-SA Savings Account	\$1,185.87
Balance in all OAST Accounts	\$17,301.60

Victoria Fleming CST  
OAST Treasurer and Fundraising Chairperson

## GAPA REPORT:

The GAPA Committee has a meeting coming up in September to discuss our future plans as to how we want to proceed in the future. There will be a full report at our fall conference and updates on our Face Book Page and OAST web page.

Melissa Garinger  
OAST Secretary

## FUNDRAISING REPORT:

Hello, fellow surgical technologist, I hope this summer has been good for everyone. The spring conference provided a fundraising profit of \$177.00. I would like to raise more at the fall conference that will be held in Portland. There will be many different prizes and raffles available. Please, come out and support your local chapter. Plus, earn valuable CEU's that you can use to maintain your certification.

If anyone has any ideas or would like to join the fundraising world of OAST, please feel free to call or contact; Victoria Fleming. Thank you, for all your support. We hope to see you at the fall conference.

Sincerely,

Victoria Fleming CST  
OAST Treasurer and Fundraising Chairperson

**Don't forget to stop by the fundraising table at the fall conference to buy a raffle ticket for the five night stay at Pine Resort in Sunriver!**

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## REGISTRATION OAST



### RISE AND SHRINE OAST WORKSHOP 10/19/2013

AST Members	\$72.00	If not postdated by 10/12/13 the
Non AST Member	\$82.00	price goes up \$10.00.
Retired Members	\$25.00	CEU's- 8
Students	\$25.00	

Students must show proof of attendance in a current accredited medical related program, include with your registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_

Email Address \_\_\_\_\_

AST Membership # \_\_\_\_\_

NBSTSA Certification # \_\_\_\_\_

Please bring your AST and NBSTSA Membership Cards to the workshop

**Make Checks payable to:**  
OAST  
P.O. BOX 1461  
Wilsonville, OR 97070

Questions or concerns email Victoria, OAST Treasurer at [chocolatetori@yahoo.com](mailto:chocolatetori@yahoo.com)

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7:30-8:15	Registration
8:15-8:25	Presidents Welcome Mike Hearn, CST
8:25-9:15	Dr. Ellen Raney "External Fixators"
9:20-10:10	Dr. Tuan Nguyen "Transgender Surgery"
10:10-10:25	<i>Break</i>
10:25-11:15	Dough Hughes "How to become a Surgical First Assistant"
11:20- 12:10	Dr. Charles D'amato "Spine Surgery at Shriners Hospital"
12:10- 12:50	<i>Lunch Provided by OAST</i>
12:50-1:40	Dr. Ivan Krajbich "Pediatric Bone Tumors"
1:45-2:35	Jane Wick, RN "Meningococemia"
2:35- 2:50	<i>Break</i>
2:50-3:40	Catherine Reed "GAPA"
3:45-4:35	James Steele "Importance of being a CST"

All speakers and topics are subject to change

**LOCATION OF WORKSHOP:**

**Shriners Hospital for Children  
3101 SW Sam Jackson Park Rd.  
Portland OR 97201**

**Free parking available on Sam Jackson Parkway**

**QUESTIONS:**

Contact Beckie Scott

[nateandbeckie@yahoo.com](mailto:nateandbeckie@yahoo.com)

Check out OAST webpage or Facebook